



IIHMR University, Prabhu Dayal Marg, Near Sanganer Airport, Jaipur – 302029

Date: 14/06/2024

CIRCULAR

International Yoga Day

This is to inform that IIHMR University, Jaipur organized an **Outreach Activity on International Yoga Day 2024** in collaboration with Subodh Public School under the National Service Scheme (NSS) to promote physical, mental, and social well-being through the practice of Yoga.

The programme aimed to spread awareness about the importance of Yoga in achieving a balanced and healthy lifestyle while fostering a sense of social responsibility among students and staff through collective participation and engagement.

Event Details:

- **Title:** International Yoga Day 2024
- **Theme:** Yoga for Self and Society
- **Date:** 21 June 2024
- **Venue:** Lawn, In Front of New Auditorium, IIHMR University, Jaipur
- **Organized by:** IIHMR University, Jaipur
- **In Collaboration with:** Subodh Public School, Airport Branch, Jaipur
- **Experts:** Yoga Guru Shri Manvendra Singh and Master Tarun Singh
- **Participants:** Students and Faculty Members of Subodh Public School and Staff of IIHMR University


President

Copy to:

- All Faculty Members, Staff
- All Students
- Notice Board
- Website